



<p>Impact of Ageing on People with a Physical Disability 2010- 2011</p>
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Objective: To better understand the impact of ageing on the everyday lives of people with a physical disability

The aim of this survey is to better understand the everyday lives of people living in NSW with a physical disability aged over 50 years. A consultative process will be used to better understand the everyday lives of these people.

Audience: People aged over 50 years living in NSW with a physical disability

We invite the input of people aged over 50 years with a physical disability living in rural, regional and metropolitan areas of NSW. We hope to reach people living throughout NSW through meetings, forums, expos and electronically via the internet and facebook.

Outcome: PDCN report and advice to government departments

We will collate the data gathered through the survey and develop a paper based on the findings of the consultation. This paper will make specific recommendations for systemic change to support the needs of older people living with a physical disability, as they grow older. These recommendations will be submitted to the Ageing, Disability and Home Care, Department of Human Services NSW.

Return Address: On completion, please return the survey form to

Physical Disability Council of NSW

3/184 Glebe Point Road, GLEBE NSW 2037 (free call:1800 688 831)

1 Postcode _____ (your residential postcode)

2 Your personal assistance

Q1. Please tell us about your current personal assistance/ personal care needs? (ie domestic assistance, shopping, showering and/ or dressing)

Q2. Do you currently receive any assistance from family members or friends? If so, please describe this form of assistance.

Q3. Do you feel your needs are being met? If they aren't, please tell us what additional assistance would be helpful to you?

Q4. Are your needs similar to those in the past five years? If these have changed, do you expect these will continue to change in the next five years?

3 Your mobility in and around the community

Q5. How easily do you access your community from your home?

Q6. Are you able to access and use facilities in your community?

Q7. If not, can you describe how these could be met?

Q8. How easily are you able to park in your community?

Q9. Are you able to access and use the services you require?

Q10. Do you expect that your ability to remain mobile could change over the next five years?

4 Transportation needs

Q11. If you own a vehicle, what modifications have you required?

Q12. Do you expect that your vehicle will require further modifications in the next five years?

Q13. As a passenger or driver do you have access to a private vehicle, and/or public transport?

Q14. If your vehicle is unavailable do you have access to public transport or any other mode of transport?

Q15. How could access to public transport in your community be improved for any or all of the following?

- Model of vehicle used
- Bus stop or terminal, taxi stand, wharf, or train station

- Customer service

5 Your housing or accommodation

Q16. Please circle the most appropriate type of tenancy?

House owner with a mortgage

House owner without a mortgage

Rental accommodation

Other (Please explain)

Q17. Have your accommodation requirements changed over the past five years?

Q18. Are your housing or accommodation needs being met? If not, can you describe how these could be better met?

6 Your social networks

Q19. Please tell us briefly about your social contacts with other people or organisations? (eg, community centre, bridge club, volunteer activities, etc).

Q20. Are these interactions satisfying to you?

Q21. Please identify any other social activities, networks or organisations that you would be interested in contacting?

7 Your health and well- being

Q22. Please describe your current level of health and wellbeing? (eg. change in your physical impairment, personal health or wellbeing etc)

Q23. Please describe what you believe your ideal health and wellbeing could be? (eg. relationship with your GP and specialists, therapists, access to community activities etc)

Q24. If your needs have changed substantially over the last five years, do you expect further changes to your well-being in the next five years?

Q25. Please tell us about any other unmet needs you might have that impact on your daily life?

8 In general

Q26. Money is important to us all to maintain or improve our health and life- style. How financially secure do you feel about the next five years? Please evaluate by circling the most appropriate to provide comment.

Considerably financially insecure

Slightly financially insecure

Financially secure

Other, please specify

Q27. Money is important to us all to maintain or improve our health and life- style. How financially secure do you feel about the next ten years? Please evaluate by circling the most appropriate to provide comment.

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|--------------------------|-----------------------------------|--------------------------|-------------------------------|
| <input type="checkbox"/> | Considerably financially insecure | <input type="checkbox"/> | Slightly financially insecure |
| <input type="checkbox"/> | Financially insecure | <input type="checkbox"/> | Other, please specify |

Q28. Currently what are your most significant expenses?

Q29. If you had a one- off opportunity to purchase something to enhance your health and well- being how would you best spend it?

Q30. Please describe your biggest concerns about your future?

Q31. Do you see any other changes over the next five or ten years that could affect your health or well-being?

The Management Committee and staff from the Physical Disability Council of NSW would like to take the opportunity to thank you for taking time to complete this survey.

Your input will assist us to continue to advocate on your behalf.